

## MARSHALL UNIVERSITY TUBA STUDIO

DAILY PRACTICE TIME BREAKDOWN FOR THE WEEK OF \_\_\_\_\_

	MON	TUE	WED	THUR	FRI	SAT	SUN
<b>DAILY ROUTINE (40 Min)</b>							
Stretching, Breathing, Buzzing (5 Min)							
Lone Tones & Flow Studies (10 Min)							
Slur Exercises (5-10 Min)							
Range Building (5-10 Min)							
Scales & Arpeggios (5-10 Min)							
Articulation & Arban (5-10 Min)							
Other							
<b>ETUDES (30 Min)</b>							
<b>ENSEMBLE LITERATURE (10 Min)</b>							
<b>SOLO LITERATURE (30 Min)</b>							
<b>FUN: Play by ear, improve, etc. (5-10 Min)</b>							
<b>REFLECTION: Listening, Journal, etc. (5-10 Min)</b>							
<b>NOTES:</b>							

Any of these parts of your practice session may be recorded via your laptop, Zoom recorder, Minidisc, and tape recorder so you can hear what other people hear. This is the hardest part of getting better - **BUT** if you listen critically and work to improve the playing you hear on the recording, you **WILL** get better.

The amount of time listed on each part of your playing is only a suggestion. If you are having more trouble with one aspect of your playing than the others, you may increase the time you spend on that area and shorten the time you spend on things you already do well. In other words, don't waste your time on things you can already do well **BUT** you should work to cover every aspect of your playing everyday to build, maintain, grow, and cultivate sound, technique, listening - and most importantly - **FUN!**