

George Palton
Trombone/Euphonium Scale and Technique Cross Training Regiment
Based on Carl Fischer Trombone Edition of Arban Method

AREA	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Scales	Mode Patterns Flat	Mode Patterns Sharp	Mode Patterns Hard	Harmonic Minor	Melodic Minor	Diminished	Whole Tone
Chromatic	PG 80 #1	PG 80 #2	PG 80 #3	PG 80 #4	PG 80 #5	PG 80 #6	PG 80 #7
Arban Interval	PG 126 #1	PG 126 #2	PG 126 #3	PG 126 #4	PG 126 #5	PG 126 #6	PG 126 #7
Arban Quarter Notes	PG 21 #16	PG 21 #17	PG 21 #18	PG 21 #19	PG 21 #20	PG 21 #21	PG 21 #22
Arban 8th	PG 24 #28 PG 25 #36 PG 27 #41	PG 24 #29 PG 25 #37 PG 27 #42	PG 24 #30 PG 25 #38 PG 27 #43	PG 24 #31 PG 25 #39 PG 27 #44	PG 24 #32 PG 25 #40 PG 27 #45	PG 24 #33 PG 25 #36 PG 27 #41	PG 24 #34 PG 25 #37 PG 27 #42
Arban 16th	PG 35 #19	PG 43 #20	PG 44 #21	PG 44 #22	PG 45 #24	PG 45 #25	PG 46 #27
Arban 2X	PG 185 #77 PG 185 #87	PG 185 #78 PG 185 #88	PG 185 #79 PG 185 #89	PG 185 #80 PG 185 #90	PG 185 #81 PG 185 #91	PG 185 #82 PG 185 #92	PG 185 #83 PG 185 #93
Arban 3X	PG 162 #3 PG 162 #10	PG 162 #4 PG 162 #11	PG 162 #5 PG 162 #12	PG 162 #6 PG 162 #13	PG 162 #7 PG 162 #14	PG 162 #8 PG 162 #15	PG 162 #9 PG 162 #16

Other Recommended Materials:

- Clarke Technical Method for the Cornet
- Kopprasch Technical Studies
- Tyrell 40 Advanced Studies for the Trombone