

George Palton/Beth McDonald
Tuba Scale and Technique Cross Training Regiment
 Arban Complete Method for the Tuba: Jerry Young and Wesley Jacobs (2000)

AREA	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tone Develop	Flow Studies	Bobo	Chordal #3	Flow Studies	Bobo	Chordal #3	Flow Studies
Scales	Mode Patterns Flat	Mode Patterns Sharp	Mode Patterns Hard	Advanced Studies	Advanced Studies	Diminished	Whole Tone
Chromatic	PG 82 #5	PG 83 #7	Clarke #1	Clarke #2	Clarke #3	PG 83 #7	PG 85 #10
Arban Interval	PG 127 #1	PG 128 #2	PG 129 #3	PG 130 #4	PG 131 #5	PG 133 #6	PG 133 #7
Pronunciation	Top	Middle	Bottom	Top	Middle	Bottom	Top
Arban 8th	PG 25 #34	PG 25 #35	PG 24 #30	PG 25 #33	PG 24 #31	PG 25 #35	PG 25 #33
Arban 16th	PG 35 #19	PG 36 #20	PG 36 #21	PG 36 #22	PG 37 #24	PG 37 #25	PG 38 #27
Arban 2X	PG 181 #77	PG 181 #78	PG 182 #79	PG 182 #80	PG 182 #81	PG 182 #82	PG 182 #83
Arban 3X	PG 174 #57 PG 161 #5	PG 174 #58 PG 161 #6	PG 174 #59 PG 161 #7	PG 177 #68 PG 162 #8	PG 165 #21 PG 162 #9	PG 166 #22 PG 162 #10	PG 166 #24 PG 163 #11
General Etudes (opt.)	Kopprasch #25	Kopprasch #32	Kopprasch #11	Kopprasch #5	Kopprasch #16	Kopprasch #17	Kopprasch #35
Excerpts (opt.)	Die Meistersinger	Shostakovich 5	Symphonic Metamorphosis	Mahler 5	Bruckner 7	Ein Heldenleben	Tchaikovsky 6